Nearly one-third (30%) of parents have looked at online doctor ratings for themselves or a family member in the past year.

69% of parents believe doctor rating websites may have fake ratings.

11% of parents have left a rating about a doctor.

The recent explosion of online rating sites includes a variety of goods and services – including health care providers. Although doctor-rating websites are readily available, parents may wonder if those ratings are trustworthy. To better understand parents' thoughts and concerns, we asked a national sample of parents in January 2016 about their views of doctor rating websites.

Parent Concerns about Doctor Rating Websites
Nearly one-third (30%) of parents report looking at online doctor ratings for themselves or a family member in the past year, with mothers (36%) more likely than fathers (22%) to visit such sites. Among these parents, two-thirds say they selected or avoided a doctor based on the ratings they viewed. Among parents who choose doctors based on the ratings, most (87%) say the online ratings accurately reflect their experience with the doctor.

However, the majority of parents have concerns about doctor rating websites in general (Figure 1). About two-thirds of parents believe some ratings may be fake; slightly fewer feel there are not enough ratings on the websites to make a good decision. More than half of parents feel doctors may influence who leaves ratings. Indeed, among parents in this survey who had ever left an online rating about a doctor (11% overall), nearly one-third (30%) reported that the doctor or office staff had asked them to do so.

Older parents generally had more concerns than younger parents. Of parents age 30 and older, 71% were concerned about the possibility of fake reviews compared to 59% of parents under age 30. Older parents (65%) also were more concerned about the low number of ratings compared to younger parents (55%).

Figure 1. Parent concerns about online physician ratings

"There may be fake ratings." 69%

"There are not enough ratings to make a good decision." 64%

"The doctor may have influenced who left the ratings." 56%

Source: C.S. Mott Children's Hospital National Poll on Children's Health, 2016
Implications

In this latest Poll, one of every three parents has looked online for ratings about doctors for themselves or a family member. This suggests that online rating sites are a common source of information for parents as they choose a doctor.

However, concerns about these sites may be preventing parents from using them more broadly. The majority of parents expressed serious concerns about doctor rating websites that call into question the objectivity and authenticity of ratings. For example, most health care rating websites have a low number of reviews or ratings per doctor, which suggests they may not represent the full range of patient experiences. Another major concern is that doctors may choose to invite only certain patients to leave ratings, which could skew results. This is borne out in this poll where one-third of parents who have left ratings said a doctor or staff asked them to do so. Some of the concerns endorsed by parents appear valid. Parents report that doctors are encouraging parents to leave ratings, and with only one in ten parents leaving a rating, ratings may not be fairly representative.

It may not be practical for parents to distinguish real from fake posts on doctor rating websites, but some sites have implemented ‘closed-loop’ ratings, meaning that the identity of each reviewer is verified by the website. This may help alleviate some of the concerns related to fake ratings, but it also means that fewer doctors will be listed since they have to opt in and become an active participant in the ‘loop’.

While the use of online physician rating sites is expected to keep rising, their growth may be limited by concerns from parents about accuracy and authenticity. Innovations such as closed-loop reporting may lessen some of these concerns, but doctors will have to become more engaged and willing participants in the ratings process for such online rating sites to become more widely accepted.