

Mott Poll Questions



Dietary Supplements

The following questions were answered by parents with children age 1-10 years old.

Q1. How would you describe your [x]-year-old child's diet overall? *Select all that apply.*

1. Child eats a well-balanced diet
2. Child does not eat enough vegetables and fruits
3. Child does not get enough of certain vitamins and minerals
4. Child is a picky eater
5. Child does not get enough fiber
6. None of the above

Q2. Has your [x]-year-old child taken any of these types of dietary supplements?

	Takes regularly	Has tried but does not take regularly	Has never taken
a. Multivitamin			
b. Probiotics			
c. Omega 3			
d. Specific minerals (zinc, iron, magnesium)			
e. Specific vitamins (Vitamin C, D, or B)			

[If child has taken dietary supplements...]

Q3. Think about the dietary supplements your child takes or has tried. Did you talk with your child's health care provider before your child started taking the dietary supplement?

1. Yes
2. No
3. Don't remember

[If child has taken dietary supplements...]

Q4. Did your child use a dietary supplement made specifically for children?

1. Yes
2. No
3. Don't remember

Q5. How important are the following factors in your decision about whether you would want your child to use a dietary supplement?

	Very important	Somewhat important	Not important
a. How well it works in children			
b. If it was tested for safety in children			
c. Side effects			
d. If it has FDA approval			
e. Recommendation of child's doctor			

Q6. How much do you agree with the following?

	Strongly agree	Agree	Disagree	Strongly disagree
a. It is hard to get my child to eat a balanced diet.				
b. It is expensive to feed my child a balanced diet.				
c. Dietary supplements should be regulated by the FDA.				

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