

# Mott Poll Questions



## *Pacifiers & Thumb-Sucking*

*The following questions were answered by parents with children age 1-6 years old.*

Q1. Please describe your [x]-year-old child's use of the following.

|                                   | Currently does this | Used to do this | Never did this |
|-----------------------------------|---------------------|-----------------|----------------|
| a. Pacifier                       |                     |                 |                |
| b. Sucking their thumb or fingers |                     |                 |                |

*[If Q1 = Currently uses pacifier]*

Q2. When does your child use a pacifier? *Select all that apply.*

1. At bedtime or naptime
2. When watching TV or videos
3. When stressed or fussy
4. When sad
5. Almost all the time
6. Other

*[If Q1 = Currently uses pacifier]*

Q3. What is your current approach with your child's pacifier?

1. Trying to limit time using pacifier
2. Trying to stop completely
3. Plan to start decreasing soon
4. No current plan to change
5. Other

*[If Q3=Trying to limit or stop pacifier use AND Q1=Used to use pacifier]*

Q4. How have you tried to decrease/How did you stop your child's pacifier use? *Select all that apply*

1. Take/took it out when child is distracted
2. Hide/"lose" / Hid/"lost" the pacifier
3. Allow(ed) only at bedtime
4. Cut hole in nipple
5. Say/Said they are/were too big for a pacifier
6. Read book about giving up pacifier
7. Let child decide/Child stopped on their own

*[If Q1 = Used to use pacifier OR Q3 = Trying to limit or stop pacifier use]*

Q5. Did you try to stop/decrease your child's pacifier use ...

1. Too early
2. Too late
3. About the right time

*[If Q1 = Currently sucks thumb/fingers]*

Q6. When does your child suck their thumb or fingers? *Select all that apply.*

1. At bedtime or naptime
2. When watching TV or videos
3. When stressed or fussy
4. When sad
5. Almost all the time
6. Other

*[If Q1 = Currently sucks thumbs/fingers]*

Q7. What is your current approach to your child's thumb/finger sucking?

1. Trying to limit time sucking thumb or fingers
2. Trying to stop completely
3. Plan to start decreasing soon
4. No current plan to stop soon
5. Other

*[If Q7=Trying to limit or stop thumb/finger sucking AND Q1=Used to suck thumb/fingers]*

Q8. How have you tried to decrease/How did you stop your child from sucking their thumb or fingers?  
*Select all that apply.*

1. Move(d) hand away from mouth
2. Remind(ed) child to stop
3. Put something on their thumb/fingers (hot sauce, Vaseline, mitten)
4. Tell/Told child they are too big for it
5. Read book to child about giving up thumb/finger sucking
6. Give/gave child a stuffed animal to hold instead
7. Give/gave child a reward for not doing it

*[If Q1 = Used to suck thumb/fingers OR Q7 = Trying to limit or stop thumb/finger sucking]*

Q9. Did you try to stop/decrease your child's thumb/finger sucking ...

1. Too early
2. Too late
3. About the right time

*[If Q1 = Never used pacifier AND never sucked thumb/fingers]*

Q10. When your child was a baby, did you:

1. Encourage them to use a pacifier
2. Encourage them to suck their thumb
3. Tried to NOT have them suck anything
4. Let child figure it out

*[If Q1 = Currently or used to use pacifier]*

Q11. What is the right age for a child to stop using a pacifier?

1. 0-1 year
2. 2 years
3. 3-7 years
4. No particular age

*[If Q1 = Currently or used to suck thumb/fingers]*

Q12. What is the right age for a child to stop sucking their thumb/fingers?

1. 0-1 year
2. 2 years
3. 3-7 years
4. No particular age

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