



Concussions and School Sports — Survey questions

[For parents with a child aged 12-17]

Recently, researchers have documented the long-term effects of multiple concussions among athletes. Several news reports have focused on the risks of concussions among young athletes.

Q1. How much have you read or heard about this topic?

- None
- Some
- A lot

Q2. Does your child(ren) play SCHOOL sports?

[CHILDREN WHO ARE AGE 12-17]

	Yes	No
[insert age of child]-year-old child		
[insert age of child]-year-old child		
[etc]		

Q3. Thinking about the school sports in which your [INSERT AGE OF CHILD 12-17]-year-old participates, how worried are you about him/her getting a concussion?

- Very worried.....1
- Somewhat worried.....2
- Not at all worried.....3

Q4. Does your [insert age of child 12-17]-year-old child’s school have any of the following?

	Yes	No	Don't Know
a certified trainer / other health professional that is onsite for games			
a certified trainer / other health professional that is onsite for practices			
a policy about returning to sports after a concussion			

Q5. How long do you think children age 12-17 should sit out from practice and games after getting a concussion?

- No specific time
- 3 days
- 1 week
- 2 weeks
- 3 weeks
- 1 month or longer

Q6. Please indicate your level of agreement with the following statements:

Please check one box in each row

	Strongly Disagree	Disagree	Agree	Strongly Agree
If my child got a concussion playing school sports, the coaches and/or trainers would handle the situation appropriately.				
I know of <u>parents</u> who would have their child return to school sports too soon after a concussion.				
I know of <u>coaches</u> who would have a player return to school sports too soon after a concussion.				

Different requirements have been proposed to address the issue of concussions in youth sports.

Q7. Please indicate your level of support for the following requirements for high school athletics.

Please check one box in each row

	Do Not Support	Somewhat support	Strongly Support
Require high schools to have a certified trainer or other health professional onsite for practices and games			
Require a mandatory period of nonparticipation in sports after a concussion.			
Require that athletes be evaluated and cleared by a doctor before returning to sports after a concussion.			
Require coaches to receive information about the risks of concussions among young athletes.			

Q8. If a certified trainer or other health professional were required to be onsite for practices and games, who should pay for it?

(select one answer only)

- Parents/ player fee
- Team fundraising
- General school budget
- State government
- Federal government
- None of the above – health professionals should volunteer

Parent participants were also asked demographic questions on child age, gender, health status, and insurance status. Adults were also asked questions on race/ ethnicity, household income, education, health status and insurance status.

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