

Mott Poll Questions



Afraid of the Doctor

The following questions were answered by parents of children age 2-5 years.

Q1. How often is your child scared of going to the doctor?

1. Almost every visit
2. Some visits
3. Once in a while
4. Never

Q2. Why do you think your child is scared of going to the doctor?

1. "Stranger anxiety"/unfamiliar people
2. Bad memory of being sick
3. Scared they will get a shot
4. Doctor/staff is not very nice
5. Child doesn't like to get undressed
6. Doctor wears white coat
7. Other

Q3. Have you ever put off or postponed getting a vaccine because your child was scared of going to the doctor?

1. Yes
2. No
3. Not sure

Q4. Have you ever cancelled or delayed making a doctor's appointment because your child was scared of going to the doctor?

1. Yes
2. No
3. Not sure

Q5. How often is it hard to concentrate on what the doctor or nurse is saying because your child is scared or upset?

1. Always/almost always
2. Usually
3. Sometimes
4. Rarely/Never

Q6. How often do you NOT ask questions or bring up concerns because your child is scared or upset?

1. Always/almost always
2. Usually
3. Sometimes
4. Rarely/Never

Q7. Which of the following have you done to help your child be ready for a doctor visit?

1. Talk about what will happen
2. Play with a toy doctor kit
3. Read book/watch show about going to the doctor
4. Promise child will get a treat after doctor visit
5. Tell child there won't be any shots
6. Other
7. Nothing

Participants were also asked demographic questions on gender, race/ethnicity, annual household income, education and insurance status.

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C.S. Mott Children's Hospital National Poll on Children's Health

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