

Mott Poll Questions



Independence

The following questions were answered by parents with children age 5-11 years old.

Q1. How often does your [x]-year-old child do the following?

	Regularly	Occasionally	Never
a. Talk with the doctor or nurse at health care visits			
b. Speak to unfamiliar adults in business situations (e.g., ordering at a restaurant)			
c. Prepare own meal or snack			
d. Decide how to spend allowance/gift money			

Q2. What gets in the way of you letting your [x]-year-old child do things themselves? *Select all that apply.*

1. Takes too long
2. I want things done a certain way
3. Child isn't mature enough
4. Child doesn't want to do it themselves
5. Worry about child's safety
6. Habit – just how we usually do things
7. Nothing

Q3. Which of the following best describes you?

1. I make it a point to have my [x]-year-old child do things themselves, when possible.
2. I often do things my [x]-year-old child could do for themselves.
3. I haven't thought about this.

Q4. People have different ideas of what age children should be allowed to do things without an adult present.

Does your [x]-year-old child do the following without an adult present? *Select all that apply.*

1. Play at the park with a friend
2. Walk or bike to/from a friend's house
3. Stay in the car while you run a quick errand (5-10 minutes)
4. Stay home for 30-60 minutes
5. Find an item at the store while you are in another aisle
6. Trick or treat with friends
7. None of the above

Q5. What might prevent you from letting your [x]-year-old child do these things? *Select all that apply.*

1. Child isn't ready for this
2. Someone might call the police
3. Neighborhood is not safe
4. State/local law doesn't allow kids to be alone
5. Someone might attack/scare/follow my child
6. I would be worried
7. Child doesn't want to
8. Other people would think I'm a bad parent
9. Other
10. None of the above

Q6. Have any of the following situations happened to you?

	Yes	No	Don't know
a. Someone criticized you for not adequately supervising your child.			
b. You criticized another parent for not adequately supervising their child.			

Q7. How much do you agree with the following?

	Strongly agree	Agree	Disagree	Strongly disagree
a. Children benefit from having free time without adult supervision.				
b. Unsupervised children cause trouble.				

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