



Infant Sleep - Survey Questions

National Poll on Children's Health

Questions answered by parents with a child age 0-3 years.

The next set of questions is about sleep.

Listed below are some places that describe where and how infants sleep.

[IF PARENT of child age 0-11 MONTHS, USE THE FOLLOWING INTRO]

Q1. How often does your [X-month-old] sleep...

[IF PARENT of child age 1-3 YEARS, USE THE FOLLOWING INTRO]

Q1. When your [X-year-old] child was less than 1 year old, how often did he/she sleep...

Select one response in each row.

	Often	Sometimes	Never
In a crib or portable crib			
On a firm or hard mattress			
On a sofa or chair			
In a bouncy seat or swing			
With pillows			
With bumper pads			
With plush blankets			
With stuffed toys			

[IF PARENT of child age 0-11 MONTHS, USE THE FOLLOWING INTRO]

Q2. How often do you fall asleep while holding or lying with your infant?

[IF PARENT of child age 1-3 YEARS, USE THE FOLLOWING INTRO]

Q2. When your [X-year-old] child was less than 1 year old, how often did you fall asleep while holding or lying with your infant?

- Often
- Sometimes
- Rarely
- Never

[IF Q2=OFTEN, SOMETIMES, OR RARELY]

[IF PARENT of child age 0-11 MONTHS]

Q3. Why do you sleep with your [X-month-old] infant?

[SHOW IF PARENT of child age 1-3 YEARS and Q27=often, sometimes, rarely, USE THE FOLLOWING INTRO]

Q3. Why did you sleep with your infant?

- I plan to sleep with the infant
- I don't plan to fall asleep with the infant; it just happens

[If PARENT of child age 0-3 YEARS]

Q4. What do you believe about the safety of an infant less than 1 year old sleeping by themselves in the following places?

Select one response in each row.

	Safe	Unsafe	I don't know
On a bed			
On a chair, loveseat, sofa			
In a crib, on back			
In a crib, on side			
In a crib, on stomach if not able to roll over			

Participants were also asked demographic questions on gender, race/ethnicity, annual household income, education and insurance status.

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